



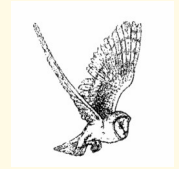
Garras School Newsletter

Executive Head teacher: Mrs Linda May 01326 221653

Head of School: Mr James Sturges 01326 221653

www.garras.cornwall.sch.uk

Email: garrassecretary@croftymat.org



Attendance last week (17.3.25— 21.3.25)

(Whole School Target—97%)

Barn Owls – 98.83%

Hawk Owls—95.06%

Eagle Owls— 96.55%

Year to date (whole school)—95.66%

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**

21st March 2025

PARKING OUTSIDE SCHOOL

Some cars are reversing and turning in our neighbours driveways.

We wanted to make all parents (including those attending Owlets) aware of the very real problems that can arise from inconsiderate parking outside the school, particularly at morning drop off.

Thank you to all the families who sent the children wearing PE kit this morning.

PE kit days:

BARN OWLS: Tuesdays and Fridays

HAWK OWLS: Fridays

EAGLE OWLS: Mondays and Fridays

**Wednesday 26th March
Hawk Owls
Pendennis Castle Trip**

Please remember to send your child school packed lunch orders to Mrs. V. by Monday 24th March .
Year 2 are free.

GLA Multi Academy Trust Harvest Assembly

Harvey was filmed to explain the fields on his farm and how they harvest the crops.
Harvey was very helpful.
Well done!



DIARY DATES

Mon 24th March	Eagle Owls Air ambulance Assembly at Halwin School—No PE kit needed
Wed 26th March	Hawk Owls trip to Pendennis Castle
Wed 26th March	SATS Club
Wed 2nd April	SATS Club
Thu 3rd April	Easter service at Mawgan Church 2pm
Fri 4th April	Last day Spring Term
Mon 7th Apr to Mon 21st Apr	Easter Holidays
Tue 22nd Apr	First day Summer Term
Wed 23rd Apr	SATS Club



Brass Band Competition

Well done to all the Garras pupils that have taken part in the competition.





At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about

FORTNITE



WHAT ARE THE RISKS?

Fortnite was launched back in 2017, but it remains massively popular – with more than 650 million active players. That's partially due to the competitive nature of its player-vs-player combat, its pop culture crossovers and its constantly shifting map. Significant updates are rolled out with each new version of the game – known as 'chapters' – and within these sit shorter 'seasons'.

ALWAYS ONLINE

There's no single-player offline mode in Fortnite: it can only be played online. Internet access can sometimes be an issue when you're out and about (both in terms of connectivity and using up data), so you may find that dedicated young Fortnite players are often less enthusiastic about trips away – such as days out and holidays – than you might expect.

IN-GAME COSTS

Fortnite is free to download and play, but it does offer various additional purchases – cosmetic 'skins', music tracks and LEGO items – which don't really impact on gameplay but can cost a significant amount. These items are bought with in-game currency, V-Bucks – earned through completing the Battle Pass (which also costs V-Bucks) and can also be purchased from the game's store for real money.

POP CULTURE REFERENCES

Part of Fortnite's appeal is its ongoing crossovers with other popular franchises, ranging from movies and TV shows like *Family Guy* and *Avatar: The Last Airbender* to comic book characters including Batman to other games such as *Street Fighter*. This means you could have children asking questions about the monster from *Alien* or Geralt from *The Witcher* a little sooner than you otherwise might have.

CROSSLAY AND PARTY CHAT

Fortnite is popular with many gamers of various ages. 'Crossplay' lets friends play with each other, regardless of whether they're on an Xbox, PlayStation, Nintendo Switch or PC – while the 'party chat' feature allows them to talk to each other during the game. This can, however, put youngsters at risk of hearing inappropriate language from older players in the heat of virtual combat.

VIRTUAL VIOLENCE

At its core, there's no avoiding that Fortnite is about shooting other players to eliminate them from the contest. That said, there's no blood or gore. The violence is rendered in a cartoonish style, and there are frequent comical touches to lighten the mood, such as fishing mini-games and dancing emotes. Machine guns, shotguns and other weapons often look and behave realistically, however, so discretion is advised.

FREQUENT UPDATES

The game's developers release content in 'seasons' that usually run for around ten weeks. Each fresh update sees items added to the in-game store, changes to the environment's map and a different over-arching theme (such as 'medieval', 'pirates' or 'party'). These regular renewals help to hold players' interest – but also give young gamers plenty of reasons to keep coming back.

Advice for Parents & Educators

MATCH GAMING TIMES

Younger players tend to play Fortnite with their friends. With that in mind, it could be worth speaking to the parents and carers of a child's social group and coordinating their gaming around certain times of day. Safety in numbers is obviously a factor here, but it will also help children feel that they're getting adequate opportunities to socialise with their friends online.

SET SPENDING LIMITS

Fortnite's rotating store is a not-so-subtle mechanism for coaxing players into buying sought-after items before they disappear for weeks or months. This could lead to surprise transactions on bank cards if children are tempted into an impulse purchase. Parents could consider getting a prepaid card for the child or ensuring that purchases require adult authorisation. This can be done through parental settings on a console or account settings in the Epic Games app on PC.

USE UPDATES AS REWARDS

Fortnite's seasonal updates are free, but each also brings the option of a 'battle pass', unlocking exclusive rewards for playing the game and completing set challenges. The passes cost around £8 and are also available as part of larger bundles. The purchase of passes can be an effective reward to young Fortnite fans for good behaviour or academic performance, or as an incentive for completing chores like tidying their room.

BE WARY OF SCAMS

The immense popularity of Fortnite with younger audiences – that are generally more trusting – means there's no shortage of scammers looking to fraudulently obtain passwords and other personal data through techniques like phishing. As the developers point out on many of Fortnite's loading screens, they never ask for a player's account password outside of the game: make sure any young player knows this.

ENJOY FORTNITE TOGETHER

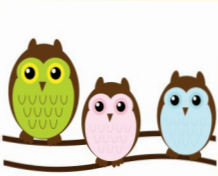
Fortnite also offers split-screen gameplay, meaning that two people can play simultaneously on the same console or computer. This can be a good option for siblings or for when a child's friends visit, but it also offers an opportunity for parents and carers to do something fun with their child, while also making sure they're playing the game safely. Who knows? You might even teach them a thing or two!

Meet Our Expert

Lloyd Coombes is Editor in Chief of gaming and esports site GGRecon and has worked in the gaming media for around four years. A long-time gamer, he is also a parent and therefore a keen advocate of online safety. Writing mainly about tech and fitness, his articles have been published on influential sites including IGN and TechRadar.



**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**



A WEEKEND OF **EXPLORATION & DISCOVERY**

HELSTON

SPRING THING

21 - 23 MAR

THE QUEST

Put your knowledge, observation and curiosity skills to the test in the Town Quest!

How to play

It's time and fun for all ages! Gather your team, follow the clues, and explore the town to uncover the answers. To get your quest, collect the quest cards from the following locations:

**NO.42 THE LIVING ROOM
MUSEUM OF CORNISH LIFE
DALE'S FAMILY BUTCHERS
THE HELSTON BOOKSHOP
THE BLUE ANCHOR INN
CAST**

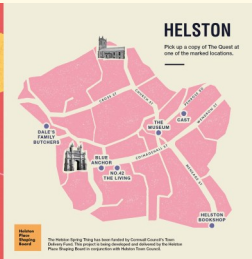
ACTIVITIES — **AROUND TOWN**

Spring has sprung and there's no better time to discover Helston!

TAKE PART IN **FREE WALKS & WORKSHOPS**

Springing up throughout the town.

Check out the full programme and book your FREE TICKETS at WWW.HELSTONSPRINGTHING.COM



HELSTON

SPRING THING

A WEEKEND OF **EXPLORATION & DISCOVERY** **21-23 MARCH**

TAKE PART IN **THE QUEST**

Put your knowledge, observation and curiosity to the test in the Town Quest!

FREE & fun for all ages!

FREE WALKS & WORKSHOPS

Explore Helston through guided walks and hands-on workshops happening all around town.

Check out the programme and book your FREE TICKETS at WWW.HELSTONSPRINGTHING.COM

SPORTS AND ACTIVITIES

Coast ACTIVITY PROGRAMME

THIS EASTER HOLIDAY

EGG HUNT

Free Half Day Places and a Hot Meal for FSM Children

**Hayle Academy
St Ives Secondary School
Helston Community College
St Mary's Catholic Penzance**

£20 for Non Free School Meal places

AGES 5-16

ACTIVITIES

Silent Disco
Dodgeball
Tennis
Football
Cricket
Rugby
Bike Riding
Arts and Crafts and so much more

Ofsted Registered See website for details

SCAN TO BOOK 07939863010

www.coastactivityprogramme.com
info@coastactivityprogramme.com

CAST

SHADOW PUPPET WORKSHOP

Watch the Snowdrop shadow play by Mae Voogd. Make a spring-themed shadow puppet with the CAST team and bring it to life in the black box theatre with help from Mae.

**AT CAST, SATURDAY 22ND MARCH
FREE, DROP-IN, 10AM - 4PM**

www.helstonpringthing.com

Helston Spring Thing has been funded by Cornwall Council's Town Delivery Fund and has been developed by the Helston Place Shopping Board.

CAST
3 Penrose Road
Helston
TR13 8TP

HELSTON SPRING THING

The Great Cornish Model Show

A Celebration of modelmaking talent in Cornwall

Pool Academy, Church Road, Pool TR15 3PZ

Sat. & Sun. April 12 & 13 2025

Adults £8.00 U-16s £5.00 Family (2+2) £15.00 U-5s Free

Free parking, easy access, refreshments & hot food

15 model railways plus displays of boats, aircraft, model trucks, buildings & modelling demonstrations

Presented by Helston & Falmouth Model Railway Club

www.hfmrc.uk @HelstonModel

EASTER HALF TERM HOLIDAY CLUB

Week commencing 7th April til 17th April

There will be a wide range of activities on offer for the children daily, including art and craft, messy play, cooking, outdoor play and many more. The children need snacks and drinks during the day and will need to bring a packed lunch with them and a named drinks bottle. We ask for your child to dress appropriately for the weather and be prepared for a change in weather each day (Sun hat, cream, wellies, coat). Your child doesn't have to attend the local school or preschool to attend, any child from the area is welcome.

Open from 9-3 Prices start from on **£25.50**

For more information please contact us on the below information

Every child is welcome

Ages 2 - 11years welcome

07985789686 @Stkevernepreschool Stkevernepreschool@hotmail.com

NHS Cornwall Partnership NHS Foundation Trust

The Mental Health Support Team warmly invite you to attend an ...

EASTER Wellbeing group

During the Easter holidays MHST, in collaboration with the National Trust would like you to join us on a FREE wellbeing session at various locations in Cornwall.

This is for parents and their primary aged children (5-11) in Cornwall to help understand and support emotional and mental wellbeing. Please book EACH child on to a session below:

Morning and afternoon sessions available:

Wednesday 9 April 2025 - Penrose Estate
10.00-12.00 or 2.00-4.00

or

Wednesday 16 April 2025 - Kennack Sands either
10.00-12.00 or 2.00-4.00

To request a place, complete the online form or scan the QR code provided:

<https://forms.office.com/e/Ep7JLgqEc>

Come prepared for all weathers and feel free to bring a picnic (please do not bring any foods that may contain nuts)

Follow us on Facebook for updates and upcoming events: Cornwall Mental Health Support Team (MHST)

Please note: Places are limited and will be allocated on a first come, first serve basis. If you are allocated a place and cannot attend, please let us know so we can allocate your space to someone else

<https://www.qwell.io/with>

It is a free, anonymous online service to support adults with their wellbeing and mental health.



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COUNTS.**



UK Health
Security
Agency

NHS

Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.



GOLDEN TREE

Skol Gynsa
Kemeneth
Garros

