



Garras School Newsletter

Executive Head teacher: Mrs Linda May 01326 221653

Head of School: Mr James Sturges 01326 221653

www.garras.cornwall.sch.uk

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9th May 2025

Attendance last week (6.5.25— 9.5.25)

(Whole School Target—97%)

Barn Owls – 93.86%

Hawk Owls—100%

Eagle Owls— 100%

Year to date (whole school)—95.85%

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**

STAFF UPDATE

This week a letter it is been sent out to all the parents.

Mrs May made the difficult decision to retire from the Executive Head position.

We would like to thank Mrs May for all her work at Garras and wish her the best for the future.

Mr Sturges is taking the permanent position of Headteacher from the 1st of June.

Mr Sturges is back today and he is not allowed to leave us anytime soon!

JUNIOR GIG ROWING TASTER SESSION
AGE 10 - 16? JOIN US FOR A FREE TASTER SESSION

AGE 10 - 16?

Join us for a free taster session on:
Saturday 10th May 3.30pm - 4pm
or
Saturday 24th May 2pm - 5pm
North Quay, Hayle
Outside Club's TROP AOD

Join us for our special rowing taster session. Meet the crew, see the boats and enjoy the thrill of rowing!

Wear sports and sturdy shoes you don't mind getting wet. See you there!

BOOKING INFO
www.garras.cornwall.sch.uk

**Thursday 15th May
School Census day**
Change of menu
Fish fingers or
Veggie fingers

<https://www.qwell.io/with>

It is a free, anonymous online service to support adults with their wellbeing and mental health.

Flora day

There are some pictures from
Flora Day

Well done to everyone who took part to
celebrate this wonderful day!



DIARY DATES

Mon 12th May to Thurs 15th May	Y6 SATS week
Tue 13th May	Eagle Owls swimming session 2-3pm Helston pool
Tue 13th May	Sailing from 4pm to 6pm
Thurs 15th May	Summer School Census day
Tue 20th May	Eagle Owls swimming session 2-3pm Helston pool
Tue 20th May	Sailing from 4pm to 6pm
Thurs 22 May	Isle of Scilly's parents meeting 3.20pm
Mon 26th to Fri 30th May	May half-term holidays School closed
Mon 2nd June	INSET DAY. School closed
Tue 3rd June	Eagle Owls swimming session 2-3pm Helston pool
Tue 3rd June	Sailing from 4pm to 6pm

Hello All,

Olivia here, Joe Bedford's Mum. As some of you know, I'm now running a community cafe in the recreation hall on Thursdays. I just wanted to spread the word and say that you and your little/quite grown up ones are very welcome of course!

The refreshments on offer are simple for now but we are aiming to keep prices reasonable and have we a 'Generosity Pot' scheme for those that can't normally afford to go out for a coffee, (read more about this on Facebook (See Gather Community Cafe) or in the cafe itself. Hope very much to see you after school one week or in the hols!

Olivia x

NEW COMMUNITY CAFÉ IN MAWGAN
RECREATION HALL

"Gather - to meet friends old and new"

THURSDAYS 10 - 4:30
(Last orders 4pm)

Please find us on Facebook - 'Gather Community Café' for more information

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At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many platforms which we believe trusted adults should be aware of. Please visit nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about DISNEY+

WHAT ARE THE RISKS?

The Walt Disney Company's streaming service, Disney+ combines entertainment from the famous animation studio itself with Pixar, Star and National Geographic, plus the Marvel and Star Wars franchises. With access to the latest releases, Disney classics and original series, there's plenty of content to explore. While parents may have noted that adverts have now been introduced on some versions of the service, the platform is – unsurprisingly for a Disney product – designed to be appropriate for the whole family.

LESS SUITABLE CONTENT

While Disney+ is predominantly family friendly, there are some movies and shows in its library which are aimed at an older audience; these may scare younger ones or contain themes or language that you'd rather your child wasn't exposed to. You could avoid such situations by enabling Junior Mode (see 'Adjust content settings', below) or specifying a content age rating for your child's profile.



BINGE WATCHING

With the option to view content on any internet-enabled device and a growing catalogue of movies, cartoons and documentaries, Disney+ can make managing screen time difficult. This could result in children binge watching content, distracting them from activities like homework or socialising. Too much screen time has also been shown to negatively impact mood, sleep patterns and weight.



PHISHING EMAILS

Be especially cautious if you receive emails or text messages purporting to be from Disney+. There have been numerous reports of online scammers impersonating Disney+ staff in an attempt to gain access to subscribers' personal information. Disney+ states it will never email or call customers asking for their payment details, their private information or their password.



ENCROACHING ADVERTS

Disney+ has introduced a new subscription package – Disney+ Standard with Ads – which plays commercials before movies and during shows (like many TV channels). There are no adverts in Junior Mode, but profiles with a content rating of 8+ years will see ads appropriate for that age category. Adults who give consent will see personalised adverts based on their location and viewing history.



ACCESSING ADULTS' PROFILES

If adults don't set a PIN for their profile, children could access it and encounter content which isn't age appropriate. In the settings, Junior Mode has a toggle titled 'Kid-Proof Exit' which requires the user to read four words (numbers, spelled out) and enter them to switch profiles. For older children who can read, though, this isn't secure enough – so using a PIN for adult profiles is recommended.



Advice for Parents & Carers

ADJUST CONTENT SETTINGS

When setting up an account, there's an option to create profiles in what's called Junior Mode. This generally covers material that's suitable for children up to age 6 and is therefore fairly limited. You can give older children a wider choice of viewing by building a standard profile, then going into the settings and choosing a content rating from one of the pre-set alternatives: 6+, 9+, 12+ or 14+.



ADD PIN PROTECTION

Disney+ enables you to effectively lock profiles behind a four-digit PIN. In particular, some of the shows on the platform's Star content hub are far more oriented to adults (including several hard-hitting dramas from US networks), so protecting parents' or older siblings' profiles with a PIN will help to prevent younger children stumbling across material which isn't intended for them.



TURN OFF AUTO-PLAY

When a cartoon, show or movie finishes, Disney+ uses algorithms to identify content with similar themes, which it thinks your child will also enjoy. This suggestion will then automatically begin to play by default. There's an option to turn off this auto-play function in the profile settings, which will encourage your child to take a break from the screen and move on to a different activity.



ENJOY AS A FAMILY

When your child watches a movie or show on Disney+ for the first time, you may want to sit with them to ensure it's suitable. You could do the same when introducing them to older films that you haven't seen for years: your perception of what's appropriate has very probably changed, and some of the language and attitudes in movies from your own childhood may seem quite shocking today.



Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government concerning internet use and sexting behaviour in the UK, USA and Australia.



Source: https://www.disneyplus.com/parents-exp/article_content/settings_uk_16193cc0b04e4880?feature=disneyplus, https://www.disneyplus.com/parents-exp/article_content/settings_uk_16193cc0b04e4880?feature=disneyplus, https://www.disneyplus.com/parents-exp/article_content/settings_uk_16193cc0b04e4880?feature=disneyplus, https://www.disneyplus.com/parents-exp/article_content/settings_uk_16193cc0b04e4880?feature=disneyplus

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UK Health
Security
Agency



Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.



Skol Gynsa
Kemeneth
Garros

