

Garras C.P. School Newsletter

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Attendance last week (3.6.25— 6.6.25)

(Whole School Target—97%)

Barn Owls – 93.86% Hawk Owls—90.74% Eagle Owls—93.68% MOMENTS MATTER, ATTENDANCE COUNTS.

Year to date (whole school)—95.97%

DIARY DATES	
Tue 10th June	Eagle Owls swimming session 2-3pm Helston pool
Tue 10th June	Sailing from 4pm to 6pm
Wed 11th June	Y6 Mullion half day transition. Please return to school after.
Thurs 12th June	Reception— Church Cove
Fri 13th June	Bowls competition
Mon 16th to Fri 20th June	Y5 and Y6 Isle of Scilly Residential
Tue 16th June	Barn Owls swimming session 2-3pm Helston Pool
Tue 16th June	Sailing from 4pm to 6pm
Mon 23rd June	Class photos
Tue 24th June	Eagle Owls swimming session 2-3pm Helston pool
Tue 24th June	Sailing from 4pm to 6pm
Wed 25th June	Minack Theatre -Whole school
Thurs 10th July	Sports day. Back up date 17th July
Mon 21st July	Leavers service - Mawgan Hall 2pm
Tue 22nd July	Hawk Owls— Roskilly's
Tue 22nd July	Last day of school
Wed 23rd July	INSET DAY. School closed

6th June 2025

Summer Term Readv!

PLEASE—make sure that your child(ren) has a sunhat in school every day.

Also please apply sun cream, preferably the & hour variety, when necessary before school, and always for school trips.

We recommend that your child(ren) has sun cream with them every day, so (given our changeable weather!) we can make the most of all the good weather that comes our way this term!!!

Thank you for your help with this.

We have lots of uniform without a name in the lost property box once again.

Can we please ask you to make sure that all uniform items, including PE kit and shoes, are *clearly labelled*.

Thank you!

Water bottles

Thank you to all parents for ensuring that the children have their own water bottle in school each day.

It is important that these bottles contain water.

If you want to send an extra drink with juice or squash for your child for lunch, you are welcome to do so.

Thank you!

https://www.qwell.io/with.

It is a free, anonymous online service to support adults with their wellbeing and mental health.

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As temperatures rise, it's essential to take proactive steps to ensure children and young people stay safe and healthy. Hot weather can pose serious risks such as dehydration, heatstroke and sunburn. This guide provides practical tips for parents and teachers to protect children during sunnier spells, helping them enjoy the summer safely.

STAY HYDRATED

APPLY SUNSCREEN

WEAR PROTECTIVE

AVOID STRENUOUS **ACTIVITIES**

Meet Our Expert

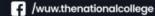
James Whelan is an experienced health and safety expert who is a Chartered Member of the Institution of Occupational Safety and Health. He provides services to educational settings (and other industries) to help them maintain a safe working environment.

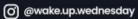


National College

Source:See full reference listen guide page also taying-safe-in-hot-weather









Users of this guide do so at their own discretion. No fability is entered into. Current as of the date of release: 24.07.2024

KEEP COOL INDOORS

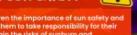


TAKE COOL BATHS

MONITOR FOR SIGNS OF ILLNESS

MAINTAIN A COOL SLEEPING ENVIRONMENT

EDUCATE CHILDREN ON SUN SAFETY



The













child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scables	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Glandular fever	
Tonsillitis	
Slapped cheek	
	Tonsillitis





Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit https://qrco.de/minfec.









