



Garras C.P. School Newsletter

Headteacher: Mr James Sturges 01326 221653

www.garras.cornwall.sch.uk

Email: garrassecretary@croftymat.org



18th July 2025

Attendance last week

(14.7.25 – 18.7.25)

(Whole School Target—97%)

Barn Owls – 97.08%

Hawk Owls—91.36%

Eagle Owls— 92.46%

Year to date (whole school)—95.96%

**MOMENTS
MATTER.
ATTENDANCE
COUNTS.**

Goodbye and welcome back

We'd like to extend a heartfelt thank you to Mrs. Hains, who has been covering the Hawk Owls class this year. Her dedication, hard work, and the positive energy she brought to the classroom have made a lasting impact, and we wish her all the best in her future endeavours.



We're also excited to welcome back Mrs. Woodhead, who will be rejoining us in September after her maternity leave. We look forward to having her back with the Hawk Owls and can't wait for the new school year to begin!

Dear parents,
What a year it's been! As we reach the end of another school year, I want to celebrate all of the hard work, enthusiasm, and achievements we've seen across the school. Our pupils have shown tremendous growth, not only academically but in independence, resilience, and teamwork.



A heartfelt thank you to our amazing staff and supportive families for making this year so special. Your dedication and involvement play a huge part in our success. I hope everyone has a well-earned, restful summer, and I look forward to another exciting year ahead!

Best wishes,

James Sturges
Headteacher

DIARY DATES

Mon 21st July	Leavers service - Mawgan Hall 2pm
Tue 22nd July	Hawk Owls— Roskilly's
Tue 22nd July	Last day of school
Wed 23rd July	INSET DAY. School closed

GARRAS C.P. SCHOOL INSET DAY 2025/2026

Wed 3 Sep 2025
Mon 3 Nov 2025
Mon 5 Jan 2026
Mon 23 Feb 2026
Thurs 8 May 2026 (Flora Day)
Mon 22 June 2026
Thurs 23 July 2026

AUTUMN TERM
3 September -19 December 2025
(HALF TERM 27—31 October 2025)

SPRING TERM
5 January—2 April 2026
(HALF TERM 16—20 February 2026)

SUMMER TERM
20 April—23 July 2026
(HALF TERM 25—29 May 2026)

Classrooms for the next academic year

	Monday	Tuesday	Wednesday	Thursday	Friday
Barn Owls (Reception/Y1)	Miss Martin	Miss Martin	Miss Martin	Miss Martin	Miss Martin AM Mr Warren PM
Hawk Owls (Y2/3)	Mrs Woodhead	Mrs Woodhead	Mrs Woodhead AM Mr Sturges PM	Mr Sturges	Mr Sturges Mr Warren PM
Eagle Owls (Y4/5/6)	Mrs Rayner	Mrs Rayner	Mrs Rayner AM Mrs Woodhead PM	Mrs Rayner	Mrs Rayner AM Mr Sturges/Mr Warren PM

If you were tuned in to BBC Spotlight on Sunday evening, you may have seen a glimpse of some of our children competing in the Cornish Nippers Surf Lifesaving Champs 2025. Lyra, Harvey and Zac took their lifesaving training skills to the track and to the ocean on a sweltering day. They showed incredible strength, speed and determination and made Gyllingvase and Mullion Surf Lifesaving Clubs extremely proud.



Coffee, cake and catch up

Thank you for all those who came yesterday to our catch up. It was a great evening where lots was shared by the school and and our local community.

Book bags can remain at home next week. Thank you.

Community Café

Gather
"to meet friends old and new"

Mawgan Recreation Hall
Thursdays 10 - 4:30
(Last orders 4pm)

Please get in touch if you'd like to volunteer or find out more:
olivia@white2021@gmail.com
Or
Find us on Facebook:
'Gather Community Café'

There's more you should know....

'Gather' pops up weekly in the newly refurbished recreation hall. Run by Olivia and aided by a team of volunteers, the café is relaxed and friendly. There is plenty of space for everyone, with an outdoor seating area too.

We welcome local residents to holiday makers, babies to centenarians, regular café goers to those who normally have a cuppa at home.

We serve the usual café fayre, including: teas, filter coffees, chilled drinks, homemade cakes and scones, Roskilly's ice creams, savoury snacks and soup. Prices are reasonable and tokens* are available for those who can't usually afford to go to a café.

***Struggling to pay the bills this week?**
Then please don't hesitate to use a token to pay for your coffee and cake or your soup. Everyone should be able to go to a café now and then!
Tokens are available in the basket on the counter, no questions asked.

(Tokens are funded by 'The Generosity Pot', if you would like to make a donation then please let us know or just put some pennies in the brass pot! Very many thanks indeed)

Dogs welcome on the outdoor seating area but not on the field.
We take cash or card payments.

FACE JULY 2025 Newsletter

FACE delivers online support via zoom for parents across the UK. Take an 80 minute long £24 each or FREE with a school membership code. Book Online at facefamilyadvice.co.uk in the PARENTS page.

Schools can purchase a **FACE School Annual Membership** which means ALL parents and ALL staff get unlimited FREE access to ALL 16 parent talks.

Thursday 21st July 19:00 - 20:00 FREE
Supporting Healthy Screen Use
Screens are here to stay. Identifying the issues and step by step guide to reduce the negative impact.

Monday 28th July 10:00 - 11:30 £24
Supporting a Child with ADHD
Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Monday 28th July 10:00 - 11:30 £24
Facing Defiance
Specific strategy to help parents manage defiant and challenging behaviour, especially aimed at ADHD, ODD and PDA conditions, 3 to 12 years old.

Tuesday 29th July 10:00 - 11:30 £24
Anxiety Based School Avoidance
Understanding and supporting children who are anxious about school. Steps you can take to help them back into the classroom.

facefamilyadvice.co.uk info@facefamilyadvice.co.uk

August Timetable

All sessions delivered live online via zoom £24 each or FREE with School Membership - 90 minutes long. Book online at facefamilyadvice.co.uk Recordings available for 48 hours.

Anxiety Explained	4th 10am
Cannabis & Ketamine Awareness	4th 7pm
What is ACT?	5th 10am
Introduction to OCD	5th 7pm
Raising Self Esteem	11th 10am
Decreasing Depression	11th 7pm
Supporting Healthy Sleep	12th 10am
Understanding the Teenage Brain	12th 7pm
Improving Family Communication	18th 10am
Autism: Improving Communication	18th 7pm
Understanding Addictive Behaviour	19th 10am
Supporting a Child with ADHD	19th 7pm
Understanding Anger	25th 10am
Supporting Healthy Screen Use	25th 7pm
Facing Defiance	26th 10am

SUMMER ART SESSIONS

Make this summer creative with art-K Truro! Join our Art Club, Young Artists Masterclass and Adult Classes.

Art Club

Joyful, creative weekly class. Individual instruction.

- Ages 6-16
- £15 per 12.5 hr class
- £18 drop-in
- Block booking (5 weeks) or drop-in
- Two sibling discount: £10 for 5-week block
- Up to 12 students
- Materials provided
- OCSE support available
- Catch-up sessions offered for holiday absences (up to 2)
- Classes available all year (termly bookings)

Wednesdays: 11:00-12:15pm
Thursdays: 1:30-3:45pm
Fridays: 11:00-12:15pm

Young Artist Masterclass

Full coaching for each student. Ideal for GCSE support.

- Ages 10-16
- £22 per 1.5 hr class
- £25 drop-in
- Block booking (5 weeks) or drop-in
- Two sibling discount: £200 for 5-week block
- How 6 students
- Materials provided
- Catch-up sessions offered for holiday absences (up to 2)
- Classes available all year (termly bookings)

Wednesdays: 12:30-2pm
Thursdays: 11:00-12:20pm

Adult Classes

Weekly classes exploring diverse topics. Individual instruction.

- 5-week course: £20/class
- Pay-as-you-go: £24
- Drop-in: £10
- Classes available all year (termly bookings)

Wednesdays: 6-8pm

Scan the QR to book!

www.art-k.co.uk/classes-truro | sara@art-k.co.uk | 07852 474316
Barras Moor Farm, Perranarworthal, Truro, TR3 7PE

Pop Up Holiday Camps through August

Softball Cricket
For children aged 8-13 years old
• Activity Days
• Competitions

8 days of softball activity - £20 per child, 10am to 3pm

Week 6th Aug - Truro CC
Week 7th Aug - Camborne CC
Week 8th Aug - M. Haver CC
Week 13th Aug - St Austell CC
Week 18th Aug - Gropwode Rd CC
Week 20th Aug - Heston CC
Week 27th Aug - Bude CC
Week 28th Aug - St Stephen CC

4 Tuesdays of U11 softball competition (includes U13 Girls). Teams of six £30. 10am to 3pm

Tues 5th Aug - Redruth CC
Tues 12th Aug - Werrington CC
Tues 19th Aug - Waddoige CC
Tues 26th Aug - Penzance CC

Contact Michelle Kent: admin@cornwallcricket.co.uk
www.cornwallcricket.co.uk

<https://www.qwell.io/with> .
It is a free, anonymous online service to support adults with their wellbeing and mental health.



MOMENTS
MATTER.
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Department
for Education



FOLLOW US!

SUMMER WITH Coast ACTIVITY PROGRAMME



HAYLE



ST IVES



HELSTON



PENZANCE

FOR AGES 5 - 16

Fun sports and
activity sessions
throughout the day
for children in
Reception to year 11

FUNDED

Funded places
available for those
eligible for free school
meals with lunch
included

TIMES AND LOCATIONS

Full or half days
available
Scan the QR code to
see full list of
locations and times

ACTIVITIES INCLUDE :



AND SO MUCH
MORE



WWW.COASTACTIVITYPROGRAMME.COM

PHONE - 07939863010

EMAIL - CONTACT@COASTACTIVITYPROGRAMME.COM



Skol Gyns
Kemeneth
Garros





UK Health
Security
Agency

NHS

Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.