



Garras C.P. School Newsletter

Headteacher: Mr James Sturges 01326 221653

www.garras.cornwall.sch.uk

Email: garrassecretary@croftymat.org



4th July 2025

Attendance last week (30.6.25— 4.7.25)

(Whole School Target—97%)

Barn Owls – 98.25%

Hawk Owls—100%

Eagle Owls— 97.7%

Year to date (whole school)—96%

**MOMENTS
MATTER.
ATTENDANCE
COUNTS.**

Summer Term Ready!

PLEASE—make sure that your child(ren) has a sunhat in school every day.

Also please apply sun cream, preferably the 8 hour variety, when necessary before school, **and always for school trips.**

We recommend that your child(ren) has sun cream with them every day, so (given our changeable weather!) we can make the most of all the good weather that comes our way this term!!!

Thank you for your help with this.

GARRAS C.P. SCHOOL INSET DAY 2025/2026

Wed 3 Sep 2025
Mon 3 Nov 2025
Mon 5 Jan 2026
Mon 23 Feb 2026
Thurs 8 May 2026 (Flora Day)
Mon 22 June 2026
Thurs 23 July 2026

AUTUMN TERM
3 September -19 December 2025
(HALF TERM 27—31 October 2025)

SPRING TERM
5 January—2 April 2026
(HALF TERM 16—20 February 2026)

SUMMER TERM
20 April—23 July 2026
(HALF TERM 25—29 May 2026)

Water bottles

Thank you to all parents for ensuring that the children have their own water bottle in school each day.

It is important that these bottles contain water.

If you want to send an extra drink with juice or squash for your child for lunch, you are welcome to do so. Thank you!

DIARY DATES

Tue 8th July	Hawk Owls swimming session 2-3pm Helston Pool
Tue 8th July	Eagle Owls Global Borders
Tue 8th July	Sailing from 4pm to 6pm
Thurs 10th July	Sports day from 1.30pm Back up date 17th July
Tue 15th July	Eagle Owls open water swimming
Mon 21st July	Leavers service - Mawgan Hall 2pm
Tue 22nd July	Hawk Owls— Roskilly's
Tue 22nd July	Last day of school
Wed 23rd July	INSET DAY. School closed

Please return ASAP

Garras competition tops and football kits.
Thank you

Little reminder that school shoes need to be all black shoes or all black trainers. Thank you for your cooperation.

We have lots of uniform without a name in the lost property box once again.

Can we please ask you to make sure that all uniform items, including PE kit and shoes, are **clearly labelled.**

Thank you!

Dear All,

Gather Café will be open on Sport's Day next week! If it's sunny then you will be able to make the most of it with Roskilly's ice cream tubs and cold drinks as well as teas, coffees, cakes and cream teas.

As usual, FROGS will be providing refreshments for the children after their activities.

Fingers crossed for a glorious afternoon of sunshine and sports!

Hope to see you soon,
Olivia and Team x

Community Café

Gather
"to meet friends old and new"



Mawgan Recreation Hall

Thursdays 10 - 4:30
(Last orders 4pm)

Please get in touch if you'd like to volunteer or find out more;
oliviajwhite2021@gmail.com
Or
Find us on Facebook-
'Gather Community Café'

There's more you should know....

'Gather' pops up weekly in the newly refurbished recreation hall. Run by Olivia and aided by a team of volunteers, the café is relaxed and friendly. There is plenty of space for everyone, with an outdoor seating area too.

We welcome local residents to holiday makers, babies to centenarians, regular café goers to those who normally have a cuppa at home.

We serve the usual café fayre, including: teas, filter coffees, chilled drinks, homemade cakes and scones, Roskilly's ice creams, savoury snacks and soup. Prices are reasonable and 'tokens' are available for those who can't usually afford to go to a café.

"Struggling to pay the bills this week?"

Then please don't hesitate to use a token to pay for your coffee and cake or your soup. Everyone should be able to go to a café now and then!

Tokens are available in the basket on the counter, no questions asked.
(Tokens are funded by 'The Generosity Pot'. If you would like to make a donation then please let us know or just put some pennies in the brass pot! Very many thanks indeed)

Dogs welcome on the outdoor seating area but not on the field. We take cash or card payments.

SALE

**SECOND HAND
UNIFORM
AND
BAKE SALE**

WEDNESDAY 16TH JULY 2PM - 3:15PM

LOCATION: SCHOOL PLAYGROUND
DONATIONS OF BUNS / CAKES / BISCUITS WELCOME!!

Garras cricket team had the best time Monday representing our school. Well done.



Garras football team took part to Truro School and Saint Southwest primary school tournament. They play well and really enjoyed taking part to the competition. Well done.



SUMMER ART SESSIONS
Make this summer creative with art-K Truro! Join our Art Club, Young Artists Masterclass and Adult Classes.

Art Club
Joyful, creative weekly class. Individual instruction.

- Ages 6-16
- E15 per 1.25 hr class
- E18 drop-in
- Block booking (5 weeks) or drop-in
- Two sibling discount: £130 for 5-week block
- Up to 12 students
- Materials provided
- GCSE support available
- Catch-up sessions offered for holiday absences (up to 2)
- Classes available all year (termly bookings)

Young Artist Masterclass
Full coaching for each student. Ideal for GCSE support.

- Ages 10-16
- E22 per 1.5 hr class
- E25 drop-in
- Block booking (5 weeks) or drop-in
- Two sibling discount: £200 for 5-week block
- Max 6 students
- Materials provided
- Catch-up sessions offered for holiday absences (up to 2)

Adult Classes
Weekly classes exploring diverse topics. Individual instruction.

- 5-week course: £21/class
- Pay-as-you-go: £24
- Wednesday: 6-8pm

Scan the QR to book!

art-K

www.art-k.co.uk/class-truro | sara@art-k.co.uk | 07852 674316
Barras Moor Farm, Perranarworthal, Truro, TR3 7PE

Coco made this marvellous "Fairy garden" in her own time. It looks amazing. Well done.



Pop Up Holiday Camps through August

Softball Cricket
For children aged 8-13 years old

- Activity Days
- Competitions

8 days of softball activity - £20 per child. 10am to 3pm

4 Tuesdays of U11 softball competition (includes U13 Girls). Teams of six £20. 10am to 3pm

Weeks 6th Aug - Truro CC
Week 7th Aug - Callington CC
Week 13th Aug - St Austell CC
Week 18th Aug - Grandpound Rd CC
Week 20th Aug - Heston CC
Week 27th Aug - Bude CC
Week 28th Aug - St Stephen CC

Weeks 5th Aug - Redruth CC
Week 12th Aug - Werrington CC
Week 19th Aug - Wadebridge CC
Week 26th Aug - Penzance CC

Contact Michelle Kent: admin@cornwallcricket.co.uk
www.cornwallcricket.co.uk

MUSICAL IN A WEEK 2025

CORNWALL

Matilda
THE MUSICAL

Monday 28th July to Friday 1st August
9am to 5pm each day
Juniors - Ages 5 to 8 years
Seniors - Ages 9 to 13 years

Performances: 1st August - Juniors @ 1:30pm | Seniors @ 4pm & 6:30pm

To book, contact: toley.angell@yahoo.co.uk

FACE JULY 2025 Newsletter

FACE delivers online support via zoom for parents across the UK. Talks are 90 minutes long, £24 each or FREE with a school membership code. Book online at facefamilyadvice.co.uk or on the FACE2025 page.

Schools can purchase a **FACE School Annual Membership** which means ALL parents and ALL staff get unlimited FREE access to ALL 16 parent talks.

Supporting Healthy Screen Use
Screens are here to stay. Identifying the issues and step by step guide to reduce the negative impact.

Supporting a Child with ADHD
Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Facing Defiance
Specific strategy to help parents manage defiant and challenging behaviour, especially aimed at ADHD, ODD and PDA conditions, 5 to 12 years old.

Anxiety Based School Avoidance
Understanding and supporting children who are anxious about school. Steps you can take to help them back into the classroom.

facefamilyadvice.co.uk info@facefamilyadvice.co.uk

August Timetable	
All sessions delivered live online via zoom £24 each or FREE with School Membership - 90 minutes long. Book online at facefamilyadvice.co.uk Recordings available for 48 hours	
Anxiety Explained	4th 10am
Cannabis & Ketamine Awareness	4th 7pm
What is ACT?	5th 10am
Introduction to OCD	5th 7pm
Raising Self Esteem	11th 10am
Decreasing Depression	11th 7pm
Supporting Healthy Sleep	12th 10am
Understanding the Teenage Brain	12th 7pm
Improving Family Communication	18th 10am
Autism: Improving Communication	18th 7pm
Understanding Addictive Behaviour	19th 10am
Supporting a Child with ADHD	19th 7pm
Understanding Anger	25th 10am
Supporting Healthy Screen Use	25th 7pm
Facing Defiance	26th 10am

<https://www.qwell.io/with>

It is a free, anonymous online service to support adults with their wellbeing and mental health.



**MOMENTS
MATTER.
ATTENDANCE
COUNTS.**



Department
for Education



FOLLOW US!

SUMMER WITH Coast ACTIVITY PROGRAMME



HAYLE



ST IVES



HELSTON



PENZANCE

FOR AGES 5 - 16

Fun sports and
activity sessions
throughout the day
for children in
Reception to year 11

FUNDED

Funded places
available for those
eligible for free school
meals with lunch
included

TIMES AND LOCATIONS

Full or half days
available
Scan the QR code to
see full list of
locations and times

ACTIVITIES INCLUDE :



AND SO MUCH
MORE



WWW.COASTACTIVITYPROGRAMME.COM

PHONE - 07939863010

EMAIL- CONTACT@COASTACTIVITYPROGRAMME.COM



Skol Gyns
Kemeneth
Garros



Should I keep my **child off school?**

Yes

Until...


Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



 **SCAN ME**

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.