









Overview - Cycle B Year 25/26

Our thinking threads: 'here, there, then, now, next'

Autumn Term		Spring Term		Summer Term	
PSHE & RSE focus					
Barn Owls					
Self-regulation My feelings (R) Introductory lesson Family and relationships (Y1)	Building relationships: Special relationships (R) Health and wellbeing (Y1)	Managing Self: Taking on challenges (R) Health and wellbeing (Y1)	Self-Regulation: Listening and following instruction (R) Safety and the changing body (Y1) Citizenship (Y1)	Building relationships: My family and friends (R) Citizenship (Y5)	Managing self: My wellbeing (R) Economic wellbeing (Y1) Transition lesson (Y1)
Hawk Owls					
	Health and wellbeing (Y3)	Health and wellbeing (Y3)	Safety and the changing body (Y3) Citizenship (Y3)	Citizenship (Y3)	Economic wellbeing (Y3) Transition lesson (Y3)
Eagle Owls					
Introductory lesson Family and relationships Page 1	Health and wellbeing	Health and wellbeing	Safety and the changing body (Y5- lesson 3/4/5 Year 5/6 only) Citizenship	Citizenship •••••••••••••••••••••••••••••••••••	Economic wellbeing Transition lesson: Roles and responsibilities