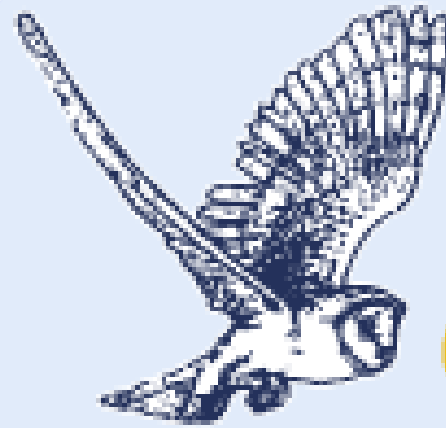


NEWSLETTER

Message from Mr Sturges

Welcome back! I hope you have all had a wonderful summer, filled with cherished family moments and delightful adventures. It has been a joy to see your children's smiling faces back in school, ready to embark on an exciting new adventure together! As we kick off this academic year, I wanted to share a few important pieces of information and recommendations to ensure our children have a thriving and enjoyable term ahead. Your support is invaluable in helping them succeed. Firstly, please encourage your child to dive into their lessons with enthusiasm. It's lovely to see their eagerness to learn, and every contribution they make helps enrich our classroom community. If your child is feeling a little nervous about being back, a few kind words from you about staying positive can truly lift their spirits. Do keep an eye on our school newsletter and any communications from the class for updates on events and activities. We have some really exciting projects planned that I can't wait for the children to experience. Their involvement will make these moments even more special! Lastly, please check your child's school bag for any letters or forms that may require your attention. Staying informed about their school life not only enhances their learning journey but also strengthens the partnership between home and school. Thank you for your ongoing support. I am genuinely excited to work together to make this year an amazing experience for all our children. If you have any questions or concerns, please do not hesitate to get in touch. Here's to a fantastic year ahead!



GARRAS CP SCHOOL



SAFEGUARDING

<https://www.qwell.io>

It is a free, anonymous online service to support adults with their wellbeing and mental health.

BARN OWLS

Barn Owls have had an incredible start to the year! Reception have settled in so well and we couldn't be any prouder, and our new year 1's have been setting such a fantastic example.

We have been super busy getting re-familiar with our classroom, the school rules and of course, making lots of new friends!

We have had the chance to explore in our outdoor areas, play in our role play space, read in the cosy corner, and get creative across all areas of learning.

As a whole school, we are exploring our beautiful new literacy book 'Peace on Earth'. So far this has involved sorting, defining and creating symbols of peace for our classroom 'peace emporium'. Year 1 even got busy writing some of their own poetry!

We have been having a great time with Mr Warren in PE, and on Thursday went to our first Gymnastics session of the term!

We started phonics this week! Year 1 have wowed us with what they can remember from before summer, and reception are doing a super job learning some new sounds. Please be reassured that information will be going out soon and Miss Martin will be holding a phonics workshop to help you support your children's reading journey - dates to be confirmed.

We are so looking forward to a great year ahead and to be working alongside you!

Have a lovely and restful weekend.

Barn Owls Team



HAWK OWLS

Welcome back!

We hope you all had a wonderful summer break and are settling back into the new school year. It's been lovely to see the children return with such energy and enthusiasm for their learning.

As we edge towards the colder months, please do remember to send children in with a warm coat each day so they can stay comfortable while outside at playtimes.

In Literacy, we've started with the beautiful book *Peace on Earth*. The children have been exploring the idea of peace, discovering different peace symbols, spotting rhyming patterns in the poem, and even acting out some of the verses. It's been a joyful and thoughtful way to begin.

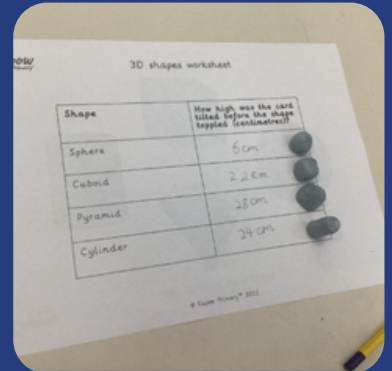
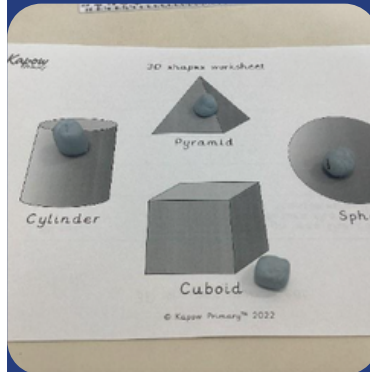
Our Art lessons are all about drawing this term, with a focus on tone and texture. The children are already beginning to experiment with shading and adding detail to bring their pictures to life.

In History, our big question is "How was school different in the past?" To help us find out, we'll be visiting Helston Museum. More information about this trip will follow soon.

For RE, we've begun exploring "What do Christians learn from the Creation story?" and the children have enjoyed thinking about the story of Creation and sharing their own ideas and reflections.

In Computing, we have been looking at how Inputs, Procedures and Outcomes happen with digital devices and in DT we have explored the criteria needed for stable structures to build Baby Bear's chair.

It's been a brilliant start to the term, and we can't wait to share more of our learning with you as the weeks unfold.

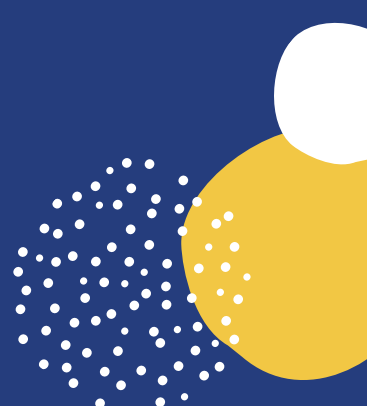
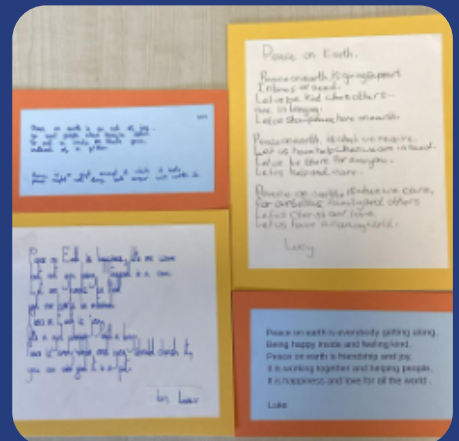
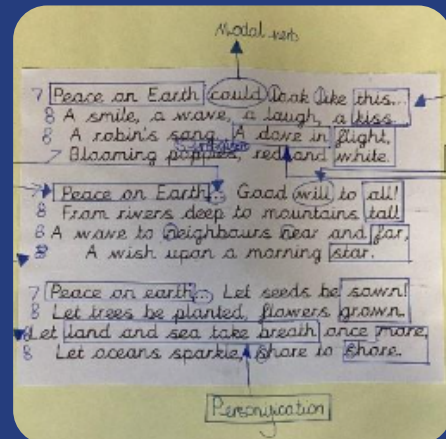


EAGLE OWLS

What a busy start to the new academic year! Eagle Owls jumped straight in with exploring solids, liquids and gases in Science, using our filled blue rubber gloves! We described each one with a focus on our beautiful handwriting (more pen licenses will be coming soon!).

We have also had a fantastic book introduced as part of our whole school Literacy unit: Peace on Earth. Eagle Owls have identified poetry features within the text and then innovated their own verses.

Eagle Owls have started on their History topic of Vikings. We have explored where the Vikings came from and the timeline of the Viking period of history within Britain. This unit will be supplemented by a trip to Falmouth Maritime Museum to take part in their Vikings workshop. More information to come soon!



REMINDERS

Cross Country Dates

Tuesday 16th September	Race 1	Reception/KS1 and KS2	Helston South Site- 4pm
Tuesday 7th October	Race 2	Reception/KS1 and KS2	Mullion- 4pm
Tuesday 4th November	Race 3	KS2	Helston North Site- 4pm
Tuesday 24th February	Race 4	KS2/Peninsula qualifier	Helston South Site 4pm
March	Peninsula Final	KS2	TBC 4-5pm
March	School Games Final	KS2	Newquay
Tuesday 28th April	Race 5	Reception/KS1 and KS2	Helston North
Tuesday 12th May	Race 6	Reception/KS1 and KS2	Helston South Site - 4pm
Tuesday 9th June	Fun Run	Reception/KS1 and KS2	Mullion 4pm

Y5/6 Football Tournament Dates

Date	Time	Year group	Venue
15.9.25	3:45-5pm	Y5/6	Helston Astro
6.10.25	3:45-5pm	Y5/6	Helston Astro
3.11.25	3:45-5pm	Y5/6	Helston Astro
17.11.25 GIRLS ONLY	3:45-5pm	Y5/6	Helston Astro
1.12.25	3:45-5pm	Y5/6	Helston Astro

INSET DAYS

Mon 3rd November 2025
 Monday 5th January 2026
 Mon 23rd February 2026
 Friday 8th May 2026
 Monday 22nd June 2026
 Thursday 23rd July 2026

ATTENDANCE

Barn Owls 96.32%

Hawk Owls 100%

Eagle Owls 98.4%

Whole school 98.33%

PE & GYM DAYS

Barn Owls
 Gymnastics - Thursday
 PE - Friday

Hawk Owls
 Gymnastics - Thursday
 PE - Friday

Eagle Owls
 Gymnastics - Monday
 PE - Friday



DIARY DATES

Mon 15 th September	Eagle Owls Gymnastic Y5/Y6 Football Tournament 3.45pm to 5pm Helston Astro
Tue 16 th September	Sailing 4pm to 6pm Cross Country Race 1 KS1 and KS2 4pm
Thurs 18 th September	Barn Owls and Haws Owls Gymnastic
Mon 22 nd September	Eagle Owls Gymnastic
Tue 23 rd September	Sailing 4pm to 6pm
Thurs 25 th September	Barn Owls and Haws Owls Gymnastic
Friday 17 th October	Harvest Festival
Mon 3 rd November	Inset day. School closed
Friday 12 th December	Christmas Play
Friday 19 th December	Christingle Last day of Term

Cornwall Council 2025/2026 School Term Dates for Community and Voluntary-Controlled Schools

September 2025	October 2025	November 2025
Mon 1 8 15 22 29 Tue 2 9 16 23 30 Wed 3 10 17 24 Thurs 4 11 18 25 Fri 5 12 19 26 Sat 6 13 20 27 Sun 7 14 21 28	Mon 6 13 20 27 Tue 7 14 21 28 Wed 8 15 22 29 Thurs 9 16 23 30 Fri 10 17 24 31 Sat 11 18 25 Sun 12 19 26	Mon 3 10 17 24 Tue 4 11 18 25 Wed 5 12 19 26 Thurs 6 13 20 27 Fri 7 14 21 28 Sat 8 15 22 29 Sun 9 16 23 30
December 2025	January 2026	February 2026
Mon 1 8 15 22 29 Tue 2 9 16 23 30 Wed 3 10 17 24 31 Thurs 4 11 18 25 Fri 5 12 19 26 Sat 6 13 20 27 Sun 7 14 21 28	Mon 5 12 19 26 Tue 6 13 20 27 Wed 7 14 21 28 Thurs 8 15 22 29 Fri 9 16 23 30 Sat 10 17 24 31 Sun 11 18 25	Mon 2 9 16 23 Tue 3 10 17 24 Wed 4 11 18 25 Thurs 5 12 19 26 Fri 6 13 20 27 Sat 7 14 21 28 Sun 8 15 22 29
March 2026	April 2026	May 2026
Mon 2 9 16 23 30 Tue 3 10 17 24 31 Wed 4 11 18 25 Thurs 5 12 19 26 Fri 6 13 20 27 Sat 7 14 21 28 Sun 8 15 22 29	Mon 6 13 20 27 Tue 7 14 21 28 Wed 8 15 22 29 Thurs 9 16 23 30 Fri 10 17 24 Sat 11 18 25 Sun 12 19 26	Mon 4 11 18 25 Tue 5 12 19 26 Wed 6 13 20 27 Thurs 7 14 21 28 Fri 8 15 22 29 Sat 9 16 23 30 Sun 10 17 24
June 2026	July 2026	August 2026
Mon 1 8 15 22 29 Tue 2 9 16 23 30 Wed 3 10 17 24 Thurs 4 11 18 25 Fri 5 12 19 26 Sat 6 13 20 27 Sun 7 14 21 28	Mon 6 13 20 27 Tue 7 14 21 28 Wed 8 15 22 29 Thurs 9 16 23 30 Fri 10 17 24 31 Sat 11 18 25 Sun 12 19 26	Mon 3 10 17 24 31 Tue 4 11 18 25 Wed 5 12 19 26 Thurs 6 13 20 27 Fri 7 14 21 28 Sat 8 15 22 29 Sun 9 16 23 30

School holidays

Christmas Day 25 December 2025

Boxing Day 26 December 2025

New Years Day 01 January 2026

Good Friday 03 April 2026

Easter Monday 06 April 2026

May Bank Holiday 04 May 2026

Spring Bank Holiday 25 May 2026

Summer Bank Holiday 31 August 2026

AUTUMN TERM (73 days)
3 September - 19 December 2025
(HALF TERM 27 - 31 October 2025)

SPRING TERM (59 days)
5 January - 2 April 2026
(HALF TERM 16 - 20 February 2026)

SUMMER TERM (63 days)
20 April - 23 July 2026
(HALF TERM 25 - 29 May 2026)

195 days are included on the school calendar. Schools will be open to pupils for 190 days. The five additional days are allotted for In-Service Training (INSET). Schools allocate their own INSET days.

Academy, trust and voluntary-aided schools set their own term dates and INSET days.

ONLINE CONTENT

10 tips to keep your children safe online

The internet has transformed the ability to access content. Many apps that children use are dependent on user-generated content which can encourage freedom of expression, imagination and creativity. However, due to the sheer volume uploaded every day, it can be difficult for platforms to regulate and moderate everything, which means that disturbing or distressing images, videos or audio clips can slip through the net. That's why we've created this guide to provide parents and carers with some useful tips on keeping children safe online.



1 MONITOR VIEWING HABITS

Whilst most apps have moderation tools, inappropriate content can still slip through the net.



2 CHECK ONLINE CONTENT

Understand what's being shared or what seems to be 'trending' at the moment.



3 CHECK AGE-RATINGS

Make sure they are old enough to use the app and meet the recommended age-limit.



4 CHANGE PRIVACY SETTINGS

Make accounts private and set content filters and parental controls where possible.



5 SPEND TIME ON THE APP

Get used to how apps work, what content is available and what your child likes to watch.



6 LET CHILDREN KNOW YOU'RE THERE

Ensure they know that there is support and advice available to them if they need it.



7 ENCOURAGE CRITICAL THINKING

Talk about what people might post online and why some posts could cause distress.



8 LEARN HOW TO REPORT & BLOCK

Always make sure that children know how to use the reporting tools on social media apps.



9 KEEP AN OPEN DIALOGUE

If a child sees distressing material online; listen to their concerns, empathise and offer reassurance.



10 SEEK FURTHER SUPPORT

If a child has been affected by something they've seen online, seek support from your school's safeguarding lead.

