

NEWSLETTER

LYTHER NOWODHOW

Headteacher Message

As we reach the end of another school year, there is so much to celebrate at Garras School, particularly as we mark our 150th year. It has been a truly special year, filled with memorable experiences, achievements and community spirit.

I would like to thank our wonderful children and dedicated staff who have made this year such a success. Their hard work, enthusiasm and commitment have been remarkable, and they thoroughly deserve a well-earned summer break.

My sincere thanks also go to all of our staff for continually going above and beyond their duties to provide the very best opportunities and support for our pupils. Your care, professionalism and dedication are greatly appreciated.

To our parents and families, thank you for your ongoing support throughout the year. A special thank you goes to our PTA, FROGS, whose hard work and generosity have helped make so many events successful. From organising the raffle and refreshments at the Christmas play, to providing refreshments and medals at Sports Day, and supporting our 150th anniversary celebrations with refreshments and decorations, your contribution has been invaluable.

I would also like to extend my sincere thanks to our Acting Chair of Governors, Matthew Brierley, for his active support, commitment and significant contribution to the school. As he steps down from his position, we thank him for all he has done for the Garras community and wish him every success for the future. Thank you also to all of our governors for their continued support, guidance and encouragement throughout the year.

Finally, to our Year 6 children who leave us today: we are incredibly proud of all you have achieved during your time at Garras. You have been fantastic role models and will always be part of the Garras family. We wish you every happiness and success as you take the next exciting step in your educational journey.

Thank you all for making this such a memorable year. Have a wonderful, safe and restful summer, and we look forward to seeing many of you again in September.

Oll a'n gwella/All the best,

Mr Sturges



GARRAS CP SCHOOL
SKOL GYNSA KEMENETH
GARROS



SAFEGUARDING

<https://www.gwellio>

It is a free, anonymous online service to support adults with their wellbeing and mental health.

Tel: 01326 221653

garrassecretary@croftymat.org

BARN OWLS

KOWANNOW GWYNN

Dear Parents and Carers,

As we reach the end of another wonderful school year, we wanted to take a moment to reflect on what a fantastic year it has been and to thank you all for your continued support.

This week has been full of fun, celebration and reflection as we looked back on all the incredible experiences we have shared together. The children have enjoyed reminiscing about their favourite memories and talking about everything they have achieved during the year.

What a year it has been! We have been lucky enough to enjoy some amazing trips and learning experiences, including visits to St Michael's Mount, Roskilly's Farm, local museums, Pendennis Castle and the beach. These opportunities have helped bring our learning to life and created some unforgettable memories for the children.

Back at school, the children have embraced every opportunity with enthusiasm and curiosity. From our much-loved Welly Wednesdays and outdoor adventures to classroom learning, creative activities and play, they have shown fantastic resilience, independence and teamwork throughout the year. Even during the recent heatwave, they continued to work hard and approach each day with smiles on their faces.

We are incredibly proud of how much every child has grown, not only in their learning but also in their confidence, kindness and friendships. Watching them develop into capable, caring and enthusiastic learners has been a privilege, and they should all be very proud of themselves.

We would also like to say a huge thank you to all of our parents and carers. Your encouragement, support and partnership throughout the year have been invaluable. Whether helping with reading at home, supporting school events, ensuring wellies were ready for Welly Wednesdays, or simply being there to cheer your children on, we truly appreciate everything you do.

As the school year comes to a close, we want you to know how proud we are of each and every child. They have worked incredibly hard, embraced challenges and made the most of every opportunity.

We hope all of our families have a wonderful, restful and enjoyable summer holiday, filled with fun, laughter and special memories. Thank you for helping to make this year such a success.

With very best wishes,

The Reception & Year 1 Team 🌞🌈📚

"Be proud of how far you've come and excited for all that's still to come!" ✨



HAWK OWLS

Kowannow Sparr Hok

What a Wonderful End to the Year!

What a lovely final two weeks we have had in class! The children have been enthusiastic, hardworking and a real credit to our school.

We thoroughly enjoyed our final trip to Roskilly's, where the staff commented on how polite, respectful and helpful the children were, even offering to help tidy up before we left. We were incredibly proud of them all.

In Maths, Years 2 and 3 finished their learning on coordinates and enjoyed putting their new skills into practice through games of Battleships and The Pirate Game.

A huge congratulations to Arthur and Freddie, who represented our school at Kresen Kernow to collect the Gorsedh Kernow Young People's Awards. Our school was named joint winner of the Cornish Study Award and also received a Highly Commended award for Art ha Desin (Art & Design). This is a wonderful achievement and a testament to the children's creativity, hard work and enthusiasm for learning about Cornwall's heritage.

We also enjoyed making party hats for the school's 150th birthday celebration. It was wonderful to see so many families and members of the wider community come together to mark this special milestone.

Residential Week

Residential Week for Years 2, 3 and 4 was packed with exciting opportunities and memorable experiences. We thoroughly enjoyed our walk around Treloar Warren and are very grateful to the Vyvyan family for allowing us to visit the Chapel and Library, helping us learn more about Cornwall's rich history and heritage.

Our visit to Pendennis Castle was another highlight, where we discovered how the castle defended the local area and learned about life in the past.

On Friday morning, we welcomed Andy from Maths Whizz for a STEM workshop, earned through our second-place finish in the Maths Whizz competition. The children worked brilliantly together to build pyramids from wooden dowelling and elastic bands before combining them into one giant structure taller than themselves! Andy was particularly impressed by their teamwork and collaborative skills.

In the afternoon, we explored the history of Engine Houses, creating striking silhouette artwork, before taking inspiration from Andy Warhol to design our own colourful Pop Art Pasties.

Thank you for all your support this year. Have a wonderful, restful summer holiday!



EAGLE OWLS

Kowannow Er

While this is a time to reflect on another wonderful academic year, there has been so much to celebrate during this final week of term!

We had our last transition session, leaving everyone feeling excited and ready for the year ahead. We will be having a bit of a shuffle around with the classroom layout so feel free to come and see the room in September!

Our Year 5 and 6 pupils also enjoyed an incredible trip to Bristol. Once again, your children were a true credit to both the school and your families, embracing every opportunity with enthusiasm, curiosity, and excellent behaviour. Minions vs Monsters was a firm favourite and a definite highlight of the trip!

Back at school, Eagle Owls worked thoughtfully on their reflections about what it means to be a pupil at Garras School, contributing to our special 150th anniversary celebrations. We also came together for our Leavers' Service at the Rec, a memorable occasion to celebrate our Year 6 pupils as they prepare for their next adventure.

Our Year 6s have been such an important part of our school community, and they will all be greatly missed. We wish each of them every success and happiness as they begin the next chapter of their journey.



Cornish of the Month!

July

Mis Gortheren



Surf's up!
An mordardh
yw bras!



The sea is
freezing!
An mor yw oor!



Seagull
Goolan



It's holiday time!
Prys golyow yw!

Garras Community Primary School 150 Anniversary Celebrations



Gylly Surf Life Saving from Garras School have done so well over the weekend. Lyra from year 4 had some tough competition in the girls 9 year old category but came 5th in board relay and 12th in her individual final.

Byron also from year 4 got a Gold for Gylly. He came 1st in his board relay and Gold in his Taplin relay. And 6th in individual board.

Brennan from year 6 achieved a Silver in individual boards. And came in the top 10 in the 11 year old boys.

Gylly surf life saving team came 4th out of 14



Join the
CELEBRATION!

Bristol Residential 2026
Year 5 and year 6



Join the
CELEBRATION!

Bristol Residential 2026
Year 5 and year 6



Join the
CELEBRATION!

Roskilly's
Hawk Owls



Join the
CELEBRATION!

Garras Notice Board

Bord Argemynnow Garros



Please use the Absence Request form for your child absence. You can find the form on the school website

or [click here!](#)



School Communications to parents



Arbor

in-app messages and emails used for day to day communications. SMS messages used only for absence, head bumps and exceptional circumstances (school closure or delayed start).

Parent Pay.

used for trips consents and payments. From the 1st June parents must book daily school meals. Email with instruction for meals booking was sent Thursday 21st May.

Teachers2parents will not be in use after Easter Holidays

It is important that everyone please signs up to the Arbor app and Parent Pay website

Any questions, please contact Mrs V.

Thank you for your patience and support during our communication system transition.





2026/27 School Term Dates **Garras School** 2026-2027

September 2026	October 2026	November 2026
Mon 7 14 21 28	Mon 5 12 19 26	Mon 2 9 16 23 30
Tue 8 15 22 29	Tue 6 13 20 27	Tue 3 10 17 24
Wed 9 16 23 30	Wed 7 14 21 28	Wed 4 11 18 25
Thurs 10 17 24	Thurs 1 8 15 22 29	Thurs 5 12 19 26
Fri 11 18 25	Fri 2 9 16 23 30	Fri 6 13 20 27
Sat 12 19 26	Sat 3 10 17 24	Sat 7 14 21 28
Sun 13 20 27	Sun 4 11 18 25	Sun 8 15 22 29

December 2026	January 2027	February 2027
Mon 7 14 21 28	Mon 4 11 18 25	Mon 1 8 15 22
Tue 8 15 22 29	Tue 5 12 19 26	Tue 2 9 16 23
Wed 9 16 23 30	Wed 6 13 20 27	Wed 3 10 17 24
Thurs 10 17 24 31	Thurs 7 14 21 28	Thurs 4 11 18 25
Fri 11 18 25	Fri 8 15 22 29	Fri 5 12 19 26
Sat 12 19 26	Sat 9 16 23 30	Sat 6 13 20 27
Sun 13 20 27	Sun 10 17 24 31	Sun 7 14 21 28

March 2027	April 2027	May 2027
Mon 1 8 15 22 29	Mon 5 12 19 26	Mon 1 10 17 24 31
Tue 2 9 16 23 30	Tue 6 13 20 27	Tue 4 11 18 25
Wed 3 10 17 24 31	Wed 7 14 21 28	Wed 5 12 19 26
Thurs 4 11 18 25	Thurs 1 8 15 22 29	Thurs 6 13 20 27
Fri 5 12 19 26	Fri 2 9 16 23 30	Fri 7 14 21 28
Sat 6 13 20 27	Sat 3 10 17 24	Sat 8 15 22 29
Sun 7 14 21 28	Sun 4 11 18 25	Sun 9 16 23 30

June 2027	July 2027	August 2027
Mon 7 14 21 28	Mon 5 12 19 26	Mon 2 9 16 23 30
Tue 8 15 22 29	Tue 6 13 20 27	Tue 3 10 17 24 31
Wed 9 16 23 30	Wed 7 14 21 28	Wed 4 11 18 25
Thurs 10 17 24	Thurs 1 8 15 22 29	Thurs 5 12 19 26
Fri 11 18 25	Fri 2 9 16 23 30	Fri 6 13 20 27
Sat 12 19 26	Sat 3 10 17 24	Sat 7 14 21 28
Sun 13 20 27	Sun 4 11 18 25	Sun 8 15 22 29

School Holidays

- Christmas Day: 25 December 2026
- Boxing Day: 26 December 2026
- New Year's Day: 01 January 2027
- Good Friday: 26 March 2027
- Easter Monday: 29 March 2027
- May Bank Holiday: 03 May 2027
- Spring Bank Holiday: 31 May 2027
- Summer Bank Holiday: 30 August 2027

AUTUMN TERM
1 September - 18 December 2026
(HALF TERM 15 - 30 October 2026)

SPRING TERM
4 January - 25 March 2027
(HALF TERM 15 - 19 February 2027)

SUMMER TERM
12 April - 23 July 2027
(HALF TERM 31 May - 4 June 2027)

ATTENDANCE

ATTENDYANS

Barn Owls 100%

Hawk Owls 96.30%

Eagle Owls 97.33%

Whole school 95.95%

DIARY DATES

DEDHYASOVV DHYDHLYVER

Wed 22 nd July	Hawk Owls Roskilly's visit Last day of school
Thurs 23 rd July	INSET DAY
Tue 1 st and Wed 2 nd September	INSET DAY
Thurs 3 rd September	School First day Academic Year 2026/2027



UK Health
Security
Agency

NHS

Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for **health protection in schools** or scan the QR code or visit <https://qrcode/minftec>.

10 Top Tips for Parents and Educators SUPPORTING CHILDREN GOING BACK TO SCHOOL

Returning to school after the summer holidays can be both exciting and daunting for children of all ages. Different routines, classes, schools, and academic pressures can cause anxiety or uncertainty. Parents play a vital role in easing this transition. This guide will help you support your child emotionally, mentally, and practically as they return to school.

1 RE-ESTABLISH ROUTINES

Gradually shift back to school-time routines a week or two before term starts. Regular bedtimes, wake-up times, and mealtimes can help children feel more secure and reduce the shock of change when school begins. Having a routine creates predictability and stability, helping to reduce anxiety while improving sleep and concentration.

2 TALK ABOUT FEELINGS

Encourage open conversations with children about their feelings. Ask them how they feel about returning to school, such as what they're looking forward to and anything they might be feeling unsure or worried about. Validating their emotions can help reduce anxiety and show them it's okay to talk about their emotional wellbeing.

3 SUPPORT WITH SLEEP

Children need adequate sleep for concentration, brain function, memory, and emotional regulation. Establish a wind-down routine without screens at least an hour before bed, and encourage relaxing activities like reading or listening to calming music.

4 LOOK OUT FOR SIGNS

Some children hide their anxiety. Watch for changes in their behaviour, such as withdrawal, stomach aches, and irritability. If worries persist, speak with their teacher or the pastoral team early to ensure your child receives support.

5 REFRESH SOCIAL CONNECTIONS

Help children reconnect with school friends by arranging playdates or video chats in the week before school starts. Familiar faces and social interactions help the transition and provide emotional comfort on that first day back.

6 CREATE A CALM MORNING

Mornings set the tone for the day. Plan ahead with a consistent morning routine that allows time for breakfast, getting dressed, and talking calmly about the day. Avoid last-minute rushing to reduce stress for everyone.

7 FOCUS ON POSITIVES

Talk about the fun and interesting parts of school - seeing friends, favourite subjects, or exciting activities. One simple but powerful change parents can make is swapping "How's your day been?" for "What's been good about your day?" This invites more of a positive, open response. Focusing on positives can help shift children's anxious thoughts and reframe school as a safe and engaging place.

8 VISIT OR VISUALISE SCHOOL

If possible, encourage visits to the school grounds before the first day, especially if it's a new school. Walking the route or even looking at photos of classrooms and teachers can make the environment feel familiar. The school website is always a great go-to place for this. This is particularly helpful for younger children or those with additional needs.

9 PLAN AHEAD TOGETHER

Involve children in preparing for school - buying supplies, packing their bag, or choosing lunch options. This gives them a sense of control and builds excitement. Use checklists or calendars to prepare together, helping reduce last-minute stress.

10 STAY POSITIVE AND PRESENT

Children pick up on your outlook. Stay calm, positive, and present, especially during drop-offs. Avoid lingering goodbyes, and let them know you'll be there at pick-up. A consistent, reassuring presence builds their confidence and resilience.

Meet Our Expert

This guide was created by Jo Martin-Brown, an Emotional Health Practitioner with nearly 15 years' experience supporting children and young people's mental health. She produces uplifting YouTube content for pupils and trains adults to better support young people's wellbeing, with a mission to help every child feel valued and understand their emotions.



**WakeUp
Wednesday**

**The
National
College**

CMST AND ASONE
MUSIC

Learn The Ukulele With Us

ST. MICHAELS
SCHOOL
SATURDAY
MORNINGS
10:30-12

LET'S LEARN
AND PLAY!

LEARN:

- How to play ukulele
- Ukulele chords
- Basic strumming patterns

For more information, please contact:
SSCOTT@CMST.CO.UK OR VWATKISS@CMST.CO.UK

CMST
LOW AND GUY



TROS AN HELLYS

BEGINNER BAND

ALTERNATE SATURDAY
MORNINGS, 10:30-12
ST. MICHAELS SCHOOL, HELSTON

vwtatiss@cornwallmusicstrvcetrust.org
lthrusell@cornwallmusicstrvcetrust.org




ART CLASSES

in West Cornwall



A PLACE TO BELONG, GROW & CREATE

**BOOK YOUR
TRIAL NOW!**

- + Art Classes for Children 6+
- + Arts Award Courses
- + GCSE & A-Level Support
- + Home Ed Courses
- + 1:1 Personalised Tuition
- + Summer School Classes (email for info)

COMMITTED TO SAFEGUARDING | OFSTED REGISTERED | CHILDCARE VOUCHERS ACCEPTED

07852 674316
sara@art-k.co.uk
art-k.co.uk/class-west-cornwall
Krowji G15 Percy Williams Building West Park, Redruth, Cornwall TR15 3GE



PLAYERS WANTED



HELSTON AFC YOUTH

We are looking for **NEW PLAYERS** to join our **U11 Sharks** squad for the upcoming season and in preparation for transitioning to 11 a side football.

Age Group: Under 11s moving into Under 12s
- School Year 6 - Moving to Year 7 in September -

About Us:

- Playing in a competitive league,
- Focus on development, teamwork, and enjoyment.

Training Details:

- Saturdays**
- 09:00am - 10:30am**

DM me for more information or contact
07510 411878





Get into Gig Rowing

Coverack Juniors need you!

Are you aged 10-16
and looking to try a
new sport?

Starting Wednesday
13th May at 6pm on
Porthoustock Beach

You will...

- Improve fitness
- Learn to work as part
of a team
- Gain water safety
skills
- Improve confidence
- And be part of a
friendly and welcoming
club!



For more information please
contact us via our facebook
page,
coverackgigclub@gmail.com
or contact Bev on
07779315707

Please note, Juniors are
required to bring along signed
consent forms or an adult to
sign them!

PLAY IN A DAY

CORONATION PARK, HELSTON

THURSDAY 6TH AUGUST

10-4 PM



MINACK
THEATRE



For all children aged 7-11years.
10am start with the performance at 4pm
£10 per child to take part.

Tickets to watch the performance -
£10 adults, £5 children

Pack your imagination and join the ride!

Zoom across the globe, explore wild Faraway lands, and dive into a whirlwind of adventure.
One epic story created by you, one spectacular day, and YOU are the star.

To book visit minack.com or call the box office on -01736 810181
For further information email education@minack.com



The Cornwall Reading Challenge

Extraordinary Explorers

FREE for children of all ages!



Explore with Cornwall Libraries this summer!

11th July - 12th Sept



CORNWALL
COUNCIL

Libraries

**GO
ALL
IN.**